#### Bronchiectasis

#### The team

#### Medical staff

Dr Adam Hill Vacant post- Dr Lithgow Dr Ruzanna Frangulyan Specialist Trainee

Specialist staff Kim Turnbull Denise Gillian Jenny Scott Jo Pentland

#### **Research nurses**

Sam Donaldson Andrea Clarke

#### Researchers

Dr Pallavi Bedi Dr Manjit Cartlidge Yang Zhang Khatarina Singh Kang Elena Perez Fernandez

Cathy Doherty Prof John Govan Dr Thamarai Schneiders

Prof Adriano Rossi Dr Donald Davidson

Dr Kev Dhaliwal







## Local Developments

- Launch of website <u>www.bronchiectasis.scot.nhs.uk</u>
- Support for patients at Mon clinic
- Breathtakers Action for Bronchiectasis meetings



## **Bronchiectasis Severity Index**

Aim was to identify independent predictors of hospitalization and mortality over 4-year follow-up using clinical endpoints
External validation

•Prospective study 2008-2012



Am J Respir Crit Care Med. 2014 Mar 1;189(5):576-85.

<u>5 European Centres</u>

## BSI Score points 0-25

	Score Points
Age	50-69 <b>2</b> ; 70-79 <b>4</b> ; 80+ <b>6</b>
BMI $\leq 18.5 \text{ Kg/m}^2$	2
FEV <sub>1</sub> % Predicted	50-80 <b>1</b> ; 30-49 <b>2</b> ; <30 <b>3</b>
Previous hosp. admission	5
Exacs. Before study $\geq 3$	2
MRC Score	4= 2; 5=3
Pseudomonas aeruginosa	3
Other PPMs	1
$\geq$ 3 Lobes or cystic Bx	1

0-4; 5-8; 9+

www.bronchiectasisseverity.com



- Dr Manjit Cartlidge
- Finished 2 year project funded by CHSS
- Studied stable patients and when they had an infection Does the bacteria change during an infection?
- Studied the use of the incremental walking test
- Manjit is analysing the data and will present findings hopefully at the next meeting!

- Dr Pallavi Bedi
- Completing 3 year PhD project funded by CSO
- Studying whether there is deficiency of natural lipids are associated with bronchiectasis and a potential new non antibiotic treatment
- Look forward to seeing the results but preliminary data looks exciting

#### No Validated CT Scoring Systems in Bronchiectasis









# CT scoring in post-infective and idiopathic Bx (never or <5 PY)

- With multivariable logistic regression analysis (n=184)
- Two key factors in linking radiological and clinical severity
- A] degree bronchial dilatation
- B] no. bronchopulmonary segments with emphysema





- Yang Zhang
- Completed MSc and awarded a distinction
- Studied how to best process sputum samples for those patients infected with the organism *Haemophilus influenzae*
- Awarded a Chinese Fellowship and doing a PhD exploring the importance of *Haemophilus influenzae* in bronchiectasis







- Khatarina
- Awarded and MSc
- Studied whether IgG2 deficiency leads to worse bronchiectasis
- Conducting a PhD exploring the importance of *IgG2* deficiency in how neutrophils and macrophages eat bacteria





	Deficient		Controls		P-value
Bacterial Pathogens	Number	Percent	Number	Percent	
P. aeruginosa	8	13	2	5	0.08
<i>P. aeruginosa</i> and coliforms	13	21	5	12	0.02
Gram-positive	13	22	10	25	4
Gram-negative	34	78	26	75	1

	Mean	Median	25 <sup>th</sup>	75 <sup>th</sup>	Statistical test performed	P-value
Deficient	9	9	6	12	4.4	0.002
Control	5	4	3	8	t-test	

**Statistical test** 25<sup>th</sup> Mean Median 75<sup>th</sup> P-value performed Deficient 7 6 2 8 0.03 MWU-test Control 2 4 4 5

Chest infections

BSI

- Elena
- Completing MSc
- Studying the importance of *Stenotrophomonas maltophilia* in bronchiectasis
- Will present her results at a future meeting
- Planning to become a Medical Dr

- Cathy
- Supporting team doing microbiology
- Starting to study whether cross infection is a possibility or not- no evidence to date
- Will present her results at a future meeting

#### Other studies in Bx

- 1] POL7080- update- a new anti-pseudomonal antibiotic
- 2] Statin in patients with *Pseudomonas aeruginosa* exciting 3 month study and will present results at a future meeting
- 3] Study trying to shorten IV antibiotic treatment from 14 days to either 7d or 10d- antibiotics stopped if bacteria are present in low numbers or not present



- MRC Funded Bronchiectasis Research Network 0.7M
- Led by Dr A de Soyza in Newcastle



- Edinburgh one of the UK Centres
- Following 175 Patients over 2-3 years and storing DNA
- 15-20 Patients followed every 3m- CLINIMETRICS study
- Linking in with European Database EMBARC

#### IMI grant- iABC study

- International study
- Led by Stuart Elborn Belfast
- 30M Euros funded by European Union and Industry
- Edinburgh lead phase 3 study of inhaled tobramycin in bronchiectasis (partner Eva Polverini Spain)



inhaled Antibiotics in Bronchiectasis and Cystic Fibrosis

#### Research with Dr Dhaliwal

- Novel optical imaging
- Pilot studies to determine whether we can label activated white cells in the airways and label bacteria in the alveoli- the part of the lung involved in gas exchange



#### Instrument hardware





## Green – ex vivo human lung, red – bacteria, NIR - cells





#### Ex vivo CF Lung with segmental NAP administration





